



ALWAYS EXHAUSTED AFTER A STRENUOUS WORKOUT?

If you exercise hard, then you need to replace that spent energy. Let us introduce you to an amazing formula which will replenish the vital energy used during working out, and minimize the down time after strenuous activity.

SHIH CHUAN DA BU TANG or as it is more popularly known TAI CHI TEA is also known as Ten Complete Great Invigorating Herbs formula.

The correlation between the name of this quintessential Chi tonic (TAI CHI TEA) and the martial art known as the Grand Ultimate Fist is by no means coincidental.

Reports of it's use by Tai Chi's founder Chang San Feng quite

possibly inspired its use by many of the styles acknowledged masters such as the legendary Chen Man Ching.

Subsequently, over the years SHIH CHUAN DA BU TANG has found favor with martial artists of many different styles in spite of the fact that for centuries it had been almost exclusively associated with the practice of Tai Chi Chuan. In years past it was not

uncommon after a long session of Tai Chi practice for participants to gather at practice halls and teahouses to replenish their energy by drinking herbal tea. It was out of this tradition that the reputation of this legendary formula to speed recovery after strenuous Tai Chi practice was established.

Our Tai Chi Tea is 100% pure — made from the highest quality organically grown Chinese herbs and we guarantee it's efficacy



We proudly present Tai Chi Tea “Supreme”

Those who are familiar with this legendary elixir will appreciate the noticeable increase in power — of the renowned Chi tonic — that is created by the inclusion of very high-grade Korean ginseng (instead of the generic Chinese Kirin Ginseng). Those who have not yet tried this phenomenal formula owe it to themselves to experience the formula that is considered by many high-level Tai Chi Practitioners to be the “Water of Life.”

What differences can you expect to experience?



Our **TAI CHI TEA SUPREME** can certainly be relied upon than the generic classical prescription. Here’s a brief analysis of how the herbs work together to increase energy levels, promote endurance and speed-up the down-time after a strenuous training session... Ren Shen (ginseng) will increase the Chi (energy levels), while Bai Zhu increases energy as well as strengthens immunity. Zhu Gan Cao increases the vital energy and improves the formula’s flavor. Fu Ling strengthens the functioning of the Spleen and Stomach (improving digestion). Shu Di Huang enriches the blood and Dang Gui and Bai Shao assist in nourishing the blood, while Chuan Xiong will circulate it within the body. Huang Qi increases vital energy, builds the immune system, and strengthens the functioning of the Lungs (which is especially good for Chi Kung and Tai Chi training). Finally, Rou Gui increases the vital energy and strengthens the Spleen and Kidneys.

While it is true that the formula can be purchased in patented pills — we don’t recommend it — because in all honesty, the pills do not compare in strength to our raw herb formula. That’s because we only use top-quality herbs and high-grade Korean ginseng — that make our **TAI CHI TEA SUPREME** of very high quality, which of course means it’s more effective in it’s ability to energize, to enhance power and to increase strength.



How to best use this formula?

Traditionally Chinese medicine recommends preparing this herbal formula into a medicinal wine (yao jiu), which soaks the herbs in alcohol for a minimum of 90-days to allow the herbal properties to be properly extracted. Daily dosage would be to drink one 50ml shot glass full, and treatment is recommend for a minimum of 90 days or as long as necessary for optimum energy enhancement. Once prepared, the yao jiu can be safely stored for many years; as a matter of fact, the longer it continues to soak in the alcohol the more powerful its abilities will become.

Not interested in making a wine?

For those who don't have the time to wait for a yao jiu to age or prefer not to drink alcohol; we will powder the herbal formula and the powder can be added to capsules, or to a smoothie or to juice and drunk that way. There is a \$10.00 extra fee applied for powdering.

Daily dosage (for capsules) is 3 caps 3 x daily, when adding the powder to juice/smoothie, mix one heaping teaspoon into 8 ounces of juice/smoothie and drink that 2 x daily. However, we would be remiss if we did not state that while effective when used this way; a medicinal wine does make the formula's effects more powerfully felt. Whether you decide to prepare the traditional medicinal wine or use the powdered herb in capsules or a smoothie, we will provide easy-to-understand processing instructions.

HOW TO ORDER

The overall health benefits of **TAI CHI TEA SUPREME** are legendary. Perhaps, you owe it to yourself to discover the reason for the legend of this powerful formula?

This item is available on our website; if you'd like to know more about **TAI CHI TEA SUPREME** or if you would like to purchase, please give us a call or send an email. We look forward to hearing from you.

To access this product online, click: <http://seaofchi.com/Martial%20Training-305/Training%20Formulas%20-%20Chi%20Tonics-315>



COST

A 60-day supply of **TAI CHI TEA SUPREME** is \$77.99

Once aged the jiu should last the user about 60-90 days, when powdered it should last about 60-90 days.



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