

Are you looking for a solution to headache and migraine pain



Without a doubt, the most common type of pain is headache pain. It may be felt all over the head, or it may occur in only one area such as the forehead, the back of the neck, or on one side of the head. Headache pain, which may be dull, throbbing, or sharp, can cause varying degrees of discomfort. Some types of headaches are especially painful and persistent but despite their symptoms do not indicate any progressive or serious disorder.

What causes headaches?

The main cause of headaches are tension due to stress, improper diet, alcohol abuse, colds, sinus congestion, concussion, persistent noise, constipation, poor posture, menstruation, ear infections, toothache, and food additives. Recent research has also shown that certain foods such as chocolate, cheese, and red wine trigger migraine attacks in susceptible people. Rare and more serious causes of headache are brain tumors, hypertension, temporal arthritis (inflammation of the arteries of the brain and scalp), and aneurysm (localized swelling of a blood vessel).

Generally speaking, headaches fall into three categories: tension headaches, cluster headaches, and migraine headaches. The most common of the three, tension headaches, are caused by tightening in the muscles of the face, shoulders, and neck and usually result from stress or poor posture. Tension headaches can last for hours, days, or in some cases weeks. Cluster headaches, the rarest of the three forms, are characterized by intense pain behind one eye and insomnia. Cluster headaches can last for weeks or months. Migraine headaches, which are more serious and incapacitating and cause pain that has been described as excruciating, are often accompanied by visual or abdominal disturbances. Migraine headaches are normally periodic and can last for several days.

Can headaches be prevented?

Preventing a headache is more important than treating one, and many of the known causes can be avoided, particularly if the sufferer knows what triggers the headache. If, however, headaches are persistent without an obvious cause and do not respond to self-treatment, medical advice should be sought, and appropriate tests should be performed to rule out the presence of a brain tumor or other serious disorder.

How does Chinese medicine treat headaches?

Traditional Chinese medicine has had success treating headaches using the **PIAN TOU TONG** formula to relieve spasms, and tense neck muscles, to stop chronic and acute pain, relieve migraine headaches, neurogenic pain, as well as stress and tension related pain.



There are several types of migraine headache, but most are characterized by severe pain on one or both sides of the head, nausea, visual disturbances, dizziness, and other symptoms.

Headaches

Sinus:	Cluster:	Tension:	Migraine:
pain is behind browbone and/or cheekbones	pain is in and around one eye	pain is like a band squeezing the head	pain, nausea and visual changes are typical of classic form

How to best use Pian Tou Tong Wan?



Pian Tou Teng Wan is an analgesic formula that contains Radix Angelicae Dahuricae, Rhizoma Gastrodiae, Rhizoma Ligustici Chuanxiong, Radix Glycyrrhizae, Concha Haliotidis, and Xi Xin; and it is used for headache pain relief, including neuropathic headache, migraine, tension headache, neurogenic pain, and neuralgia.

How to use this formula?

One bottle contains 30 small capsules. With daily use one bottle will last approx. 4-6 days For headache pain, take 1 capsule each time, 2-3 times daily. Severe attacks may need 2 capsules each time. This formula is safe for long term use, and has no negative side effects.

COST

One bottle of Pian Tou Teng Wan will last 4-6 days and the cost is **\$9.99** item # PTTW. We always discount on multi-buyer purchases, and a 8-Bottle supply is **\$76.99** item # PTTW8.

HOW TO ORDER

If you'd like to know more about Pian Tou Teng Wan or if you would like to purchase, please give us a call or send an email. We look forward to hearing from you. To access this product on our website, click: <http://seaofchi.com/General%20Health-270/Pain,%20Headache%20and%20Migraine-295>



SEAOFCHI.COM

200 Montecito Avenue # 304
Oakland, CA 94610
1-800-641-0945
1-510-451-0945
info@seaofchi.com
seaofchi.com ©
6.2015