

## Chinese Herbology treats high blood pressure and hypertension without side-effects



If there is one distinguishing feature that makes Chinese herbal therapy worthy of consideration for treatment of hypertension/high blood pressure ~ it is the fact that unlike Western prescription drugs ~ Chinese herbs do not cause the user to experience the undesirable side-effects associated with the Western pharmaceutical remedies for hypertension and high blood pressure. Well known side-effects from pharmaceutical drugs such as fatigue and urinary frequency are secondary to the chief complaint which is an overall decrease in libido in both men and women, as well as varying degrees of impotence in men -- all of which is never an issue when taking Chinese herbal therapy!

Fortunately, when blood pressure is closely monitored and a strict regimen of Chinese herbal therapy is undertaken, the transition from Western pharmaceutical medicine to Chinese herbal therapy is a smooth successful change that allows the user to escape from the dreaded symptoms of Western hypertension medication.

### ***What is the cause of hypertension?***

Tobacco smoking, a high-fat diet, obesity, lack of physical exercise, and stress are considered common causes or at the very least significantly increase the risks of developing hypertension. Possible complications of untreated hypertension include stroke, heart failure, kidney damage, and retinopathy (damage to the retina at the back of the eye).

### ***What are the symptoms?***

Hypertension generally goes undiscovered until it is detected by a physician during a routine physical examination; symptoms include headache, dizziness, ringing in the ears, flushed face, irritability, and vertigo.

### ***What changes should you make?***

Although discontinuing tobacco smoking, decreasing the amount of alcohol consumed, and the restriction of salt intake can all be helpful. Stress reduction is probably the most over looked but effective method of lowering one's blood pressure. The practice of Chi Kung (invigorated breathing exercises), and adjunctive Chinese herbal therapy are both highly recommended for managing stress and hypertension/blood pressure.

# What Chinese herbal prescription best treats hypertension?



## JIANG YA PING PIAN

### HYPERTENSION REPRESSING PILLS



Jiang Ya translates as "lower the blood pressure" and is formulated specifically for hypertension, with the accompanying symptoms of headache, dizziness, flushed face, pressure behind the eyes, irritability, ringing in the ears, and vertigo. This formula should be used long-term to successfully lower blood pressure as well as treat its root causes; it will nourish yin deficiency while subduing the rising liver yang. The herbal ingredients include leonurus, achyranthes, rehmannia, equus asinum, angelica, uncaria, aquilaria, ligusticum, prunellae, moutan, gastrodia, rheum, coptis, saiga, and succinum.

Dosage: One bottle contains 100 pills, and the recommended daily dosage is 4 pills 3 x daily, which can be increased to 6 pills 3 x daily if needed.

## COST

60-day supply is **\$76.99** ~ item # 122A60,  
120-day supply is **\$144.99** ~ item # 122A120.

## NOTE

Hypertension is a potentially fatal disease when pressure readings are above 165/100 mmHg, and it must be controlled by some sort of therapy ~ it should not be ignored. If you are struggling with the side-effects of Western hypertension drugs, and are looking for a safe alternative... you can depend on the healing abilities of Jiang Ya Ping Pian which is superior to any other herbal formula of its type.

If you'd like to know more about this formula, or if you would like to purchase, click this link: [http://seaofchi.com/General%20Health-270/High%20Cholesterol-287?product\\_id=3259](http://seaofchi.com/General%20Health-270/High%20Cholesterol-287?product_id=3259) or give us a call or send an email. We look forward to hearing from you.



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